

Fours
and Fives

AWARE, CARE, & SHARE™



MY NAME IS

AND THIS IS MY



WORKBOOK



Dear Parent,

A child's learning journey never stops, even during uncertain and difficult times. Every child is unique and approaches learning differently. While there are many ways that parents and family members can support this journey at home, it can be hard to decide what to do and when.

Within these pages, you will find literacy and math activities especially designed for children who are 4 and 5 years old. The activities will help children learn skills in each of the literacy and math strands defined in the chart below. We recommend doing one literacy and one math activity per day.



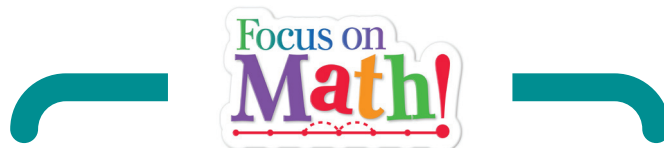
Vocabulary Development: Children's oral vocabulary grows through meaningful conversations, daily use of rich spicy words, and reading books. Vocabulary Development is the first and most important predictor of learning to read and write.

Phonological Awareness: This is the ability to hear and play with sounds. Children practice manipulating sounds through rhymes and syllables.

Phonemic Awareness: Identifying sounds and being able to hear how they are alike and different is important for learning to read. Children practice recognizing single sounds and learn how words are made up of a number of single sounds blended together.

Print Awareness: It begins with understanding that a picture can represent an object or animal or person. This ability to think symbolically allows children to take the next step: learning that the squiggly lines on a page have meaning.

Alphabet Knowledge: Preschool children begin the journey by learning that letters are different from other shapes and pictures, and that letters have unique names, sounds, shapes, and order within the alphabet. They begin to understand that letters are symbols we use in print to make words and sentences.



Problem-Solving: This skill is the heart of math. When we encourage children to identify and find solutions to problems, we are fostering critical thinking skills.

Math Language: This helps children to know the connections between the words we say and the words we use to describe math: how much, more, less, shorter, high, low, etc. Math language is the talk of our lives. Often this is how we describe people, objects, and events.

Number Sense Awareness: Number sense is an intuitive understanding of numbers. Number sense helps young children understand quantity in relationship to objects in their lives.

Visual Awareness: Helping young children visualize small quantities is a great foundation for early mathematics because it allows children to understand larger numbers in the future. When children can see a quantity in their minds, it helps them see relationships between numbers more clearly.

Number Knowledge: Numbers are the adjectives we use to describe: How much? How many? How long? How short? Number knowledge is the understanding that numerals represent a quantity.

Dr. Susan
Chief Academic Officer

Enjoy sharing this workbook with your child and seeing your child learn these important skills.

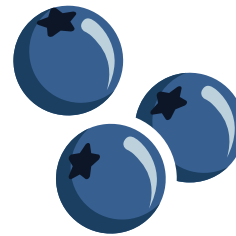
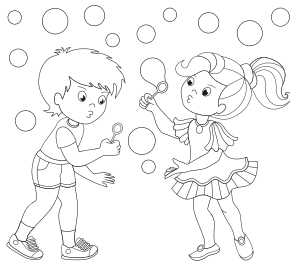
Vocabulary Development

Homophones are words that sound the same, but are spelled differently, and mean different things. Help your child to look at each set of pictures below. Then encourage them to draw a line from the picture to the correct spelling.



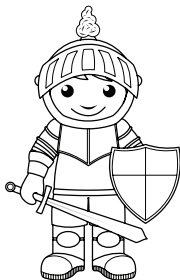
Eight

Ate



Blew

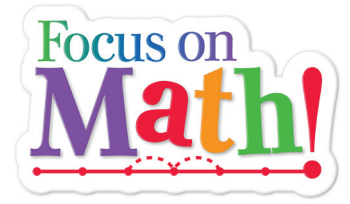
Blue



Night

Knight

Problem-Solving



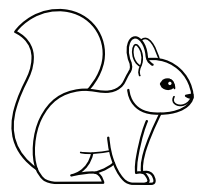
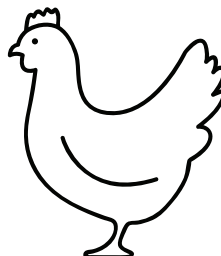
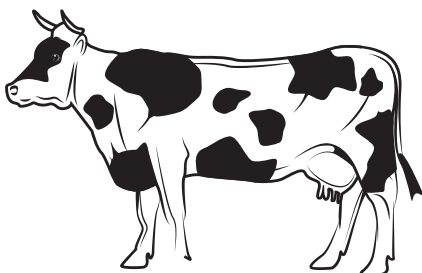
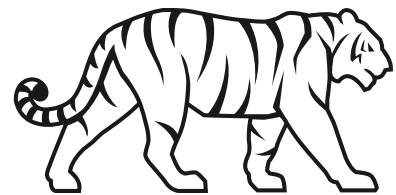
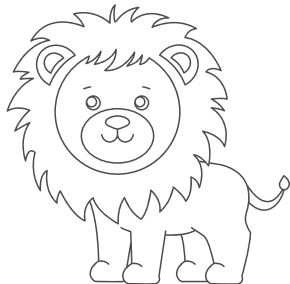
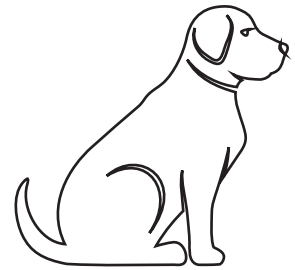
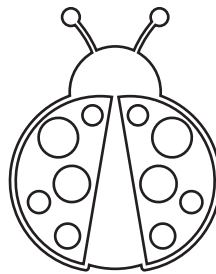
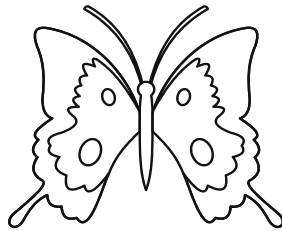
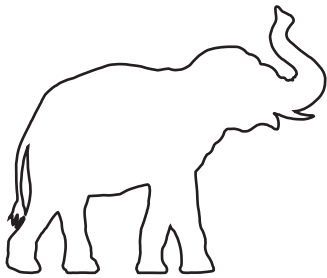
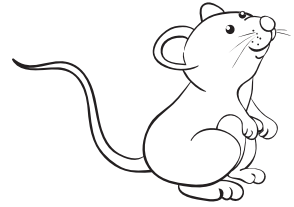
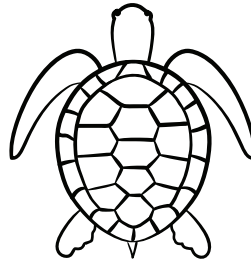
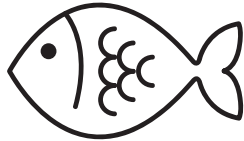
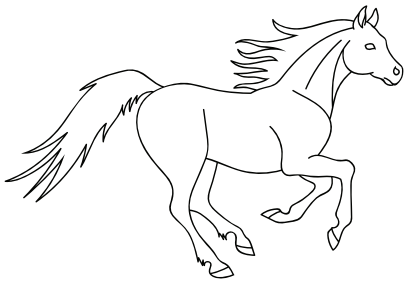
Using a newspaper or magazine, ask your child to cut out pictures of food. Then, looking at the categories below, have them sort and glue the pictures into the correct box.

Healthy Food

Unhealthy Food

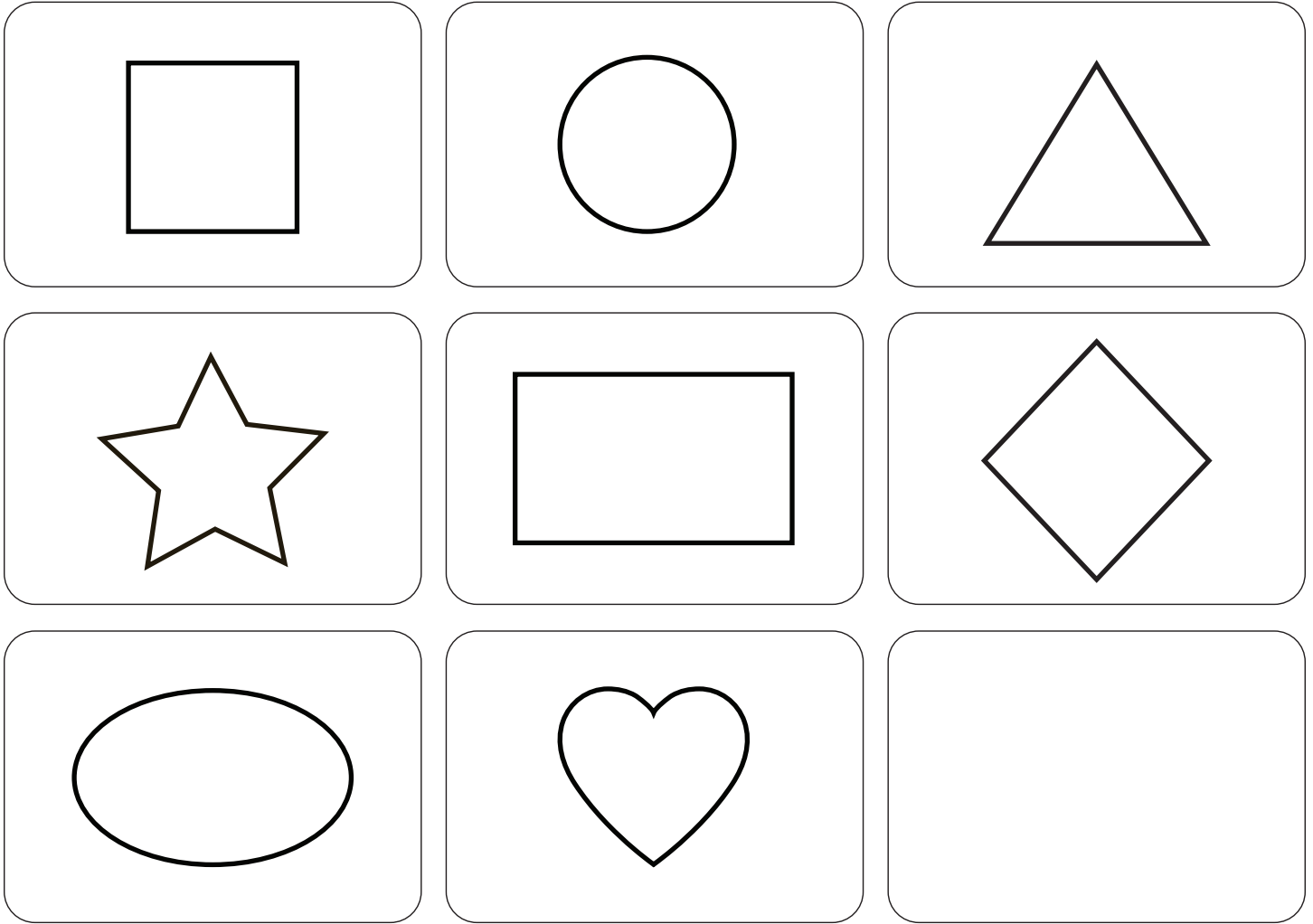
Phonological Awareness

Have your child look at the pictures in each group and say the word out loud. All but one of the words have the same amount of syllables. Ask your child to find the word that has a different amount of syllables and circle it.



Math Language

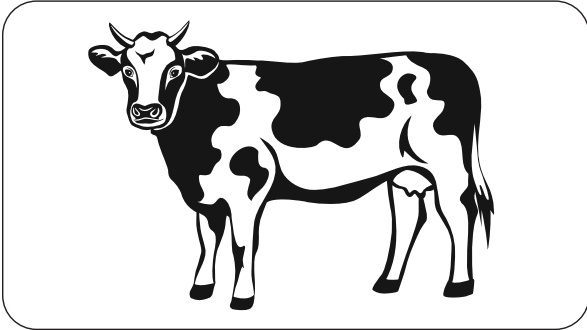
Using the grid of shapes below, help your child answer the questions by writing the shape name in the blank.



1. Which shape is above the heart? _____
2. Which shape is under the star? _____
3. Which shape is next to the square? _____
4. Which shape is to the left of the circle? _____
5. Draw a shape to the right of the heart. What did you draw? _____

Phonemic Awareness

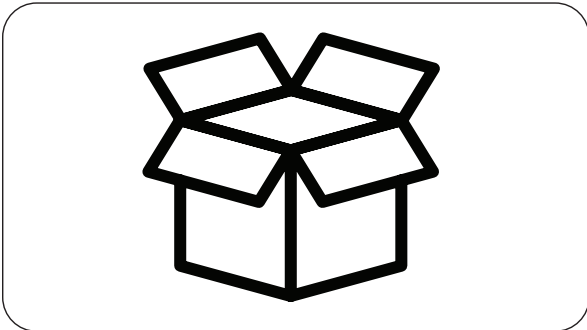
Encourage your child to look at the pictures below. Help them to sound out each word, then ask them to write the sound they hear at the end of the word in the blank box.



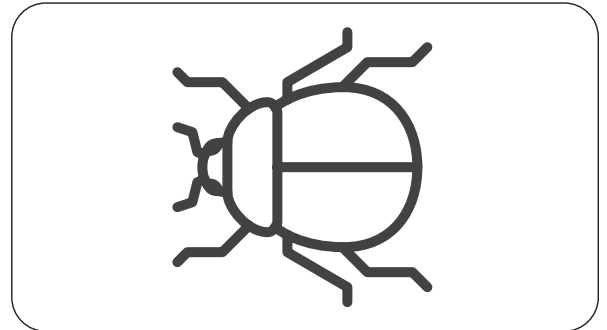
c **o**



j **a**



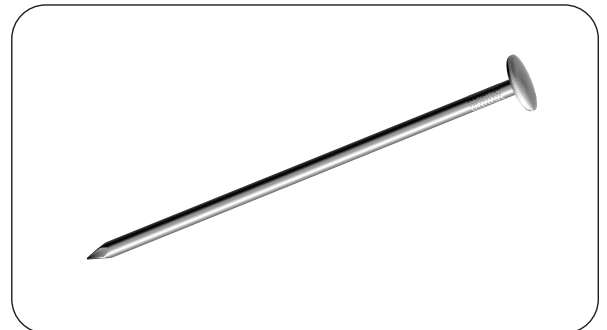
b **o**



b **u**

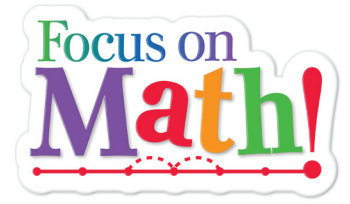


b **a** **r**



n **a** **i**

Number Sense Awareness



Encourage your child to think of numbers they find in the real world. Below are the ingredients needed to make an apple banana bread. Help your child to look at each picture and, using the word bank, complete the quantity description.

Word Bank:

Dozen

Pound

Bunch

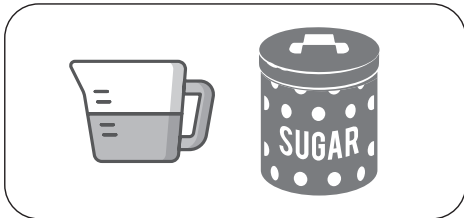
Gallon

Tablespoon

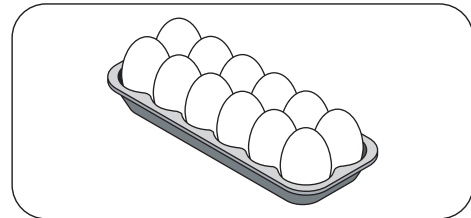
Cup

Half Cup

Half



_____ of sugar



_____ eggs



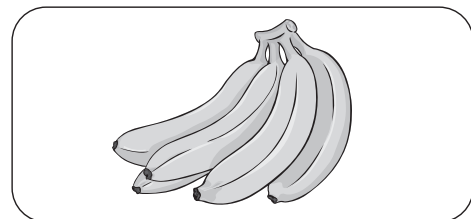
_____ of flour



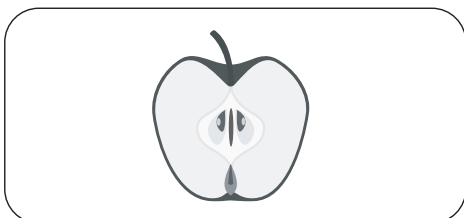
_____ of salt



_____ of milk



_____ of bananas



_____ an apple



_____ of water

Print Awareness



Using a newspaper or magazine, encourage your child to carefully cut out words that contain each of the following amounts of letters in them. Glue the words into the correct box.

2 letter words

3 letter words

4 letter words

5 letter words

Visual Awareness

Encourage your child to look at the picture. Have them make a tally mark for each of the different items in the boxes below



☆

🌳

🌸

🐝

Alphabet Knowledge

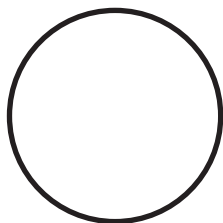
Encourage your child to draw a line from the lowercase letter in the middle of the page to the matching uppercase letter in the surrounding border.

A	B	C	D	E	F	G
Z	g	i	a	j	H	
Y	c	r	t	b	I	
X	h	y	o	v	J	
W	n	e	f	p	K	
V	q	s	w	u	L	
U	l	m	d	k	M	
T	z	x	N			
T	S	R	Q	P	O	N

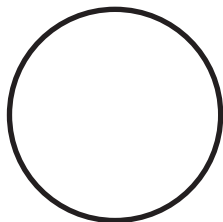
Number Knowledge

Help your child to look at the number and shape words in each box. Encourage them to write the numeral in the blank circle, then draw that many of the shapes in the box.

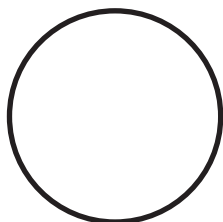
Nine circles



Twelve triangles



Fourteen squares



Fifteen hearts

