

SERVES 4-6



MONKEY SNACKS



Ingredients:

- 6-8 Bananas, peeled, sliced
- 3/4 cup hot water
- 1/8 cup butter or margarine
- 1/4 tsp. nutmeg
- 1 Tbsp. cinnamon

Instructions:

1. Preheat oven to 350 degrees (325 for convection).
2. Add butter or margarine, nutmeg, and cinnamon to hot water and stir to make a sauce.
3. Peel and slice bananas. Place in casserole dish.
4. Drizzle sauce over bananas.
5. Bake for 10 to 12 minutes.
6. Serve with your favorite graham crackers or cinnamon pita chips.



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