

Hawaiian Overnight Oats

Serves 1

Ingredients:

- 1/2 cup old-fashioned oats
- 1/2 cup plain or vanilla yogurt
- 1/2 cup pineapple, diced or crushed
- 2/3 cup pineapple juice (reserved)

Optional: Toasted coconut, mashed banana, chia seeds, cinnamon



Instructions:

1. Combine yogurt, juice, pineapple, and oatmeal.
2. Cover and refrigerate overnight.
3. Optional: Top with shaved coconut, mashed banana, chia seeds, cinnamon, or anything you want!



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RECIPE CARD

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