Learning Care group

Positive Behavior at HOME

Positive Behavior Skill

Fostering Active Listening
Active listening is a hard skill to learn at any age! It requires the ability to hear the words someone else is saying, but to also make the effort to understand the other person's perspective.

Why is This Skill Important?

Children who learn this skill tend to be better communicators and problem solvers.

Benefits:

- Fewer misunderstandings
- Improved resourcefulness
- More self-reliance

Helpful Tips

- Maintain Eye Contact
- Refrain from Interrupting
- Ask Questions
- Repeat Back What Your Child Says
- Listen For Meaning

Ways to Practice at Home

Listening Games
Play games with your child that involve actively listening. This could include, "Simon Says"

Back and Forth Exchanges
Practice holding a conversation back and forth between you and your child.

Play the "Spot the Change" Game.
Read your child a short story. Then read it again, making some changes. Each time your child hears a change have him or her clap or raise his or her hand.

Creative "Follow the Directions"
Give short, simple instructions and have your child draw according to the directions they hear.

Create a story together
One person starts the story adding a few sentences. Each person adds a few more sentences to the story. The story will continue to build and build. When done, retell it to each other.