

Children's Book on Grief

Discussing death with children is a very difficult topic for most families. Reading books together can help children understand death and help explain on a level they can understand. Check out some of these books to help guide conversations surrounding death:

<p>Toddlers/Twos:</p>	<ul style="list-style-type: none"> ● <i>The Goodbye Book</i> by Todd Parr ● <i>I Wish You More</i> by Amy Krouse Rosenthal and Tom Lichtenheld
<p>Early Preschool/Preschool Pre-Kindergarten</p>	<ul style="list-style-type: none"> ● <i>When Dinosaurs Die: A Guide to Understanding Death</i> by Laurie Krasny Brown and illustrated by Marc Brown ● <i>Nana Upstairs, Nana Downstairs</i> by Tomie De Paola ● <i>Ida, Always</i> by Caron Levis and illustrated by Charles Santoso ● <i>The Invisible String</i> by Patrice Karst and illustrated by Geoff Stevenson
<p>School Age</p>	<ul style="list-style-type: none"> ● <i>Badger's Parting Gifts</i> by Susan Varley ● <i>Cry, Heart, But Never Break</i> by Glenn Ringtved and illustrated by Charlotte Pardi ● <i>The Heart and the Bottle</i> by Oliver Jeffers ● <i>The Memory Box</i> by Joanna Rowland and illustrated by Thea Baker

Books are a wonderful way to help children understand the meaning of death and answer some of the questions they may have. These books are a great way to help you find the words you do not want to say. They help introduce concepts of death, loss, and grieving in a gentle way.