TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

April 6, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week.**On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Hide the Animals

1. Put together a sensory bin by filling a plastic container with, for example, shredded paper, rice, oatmeal, dirt, sand, or any similar material.
2. Put some smaller animals into the bin.
3. **Encourage your child to find the animals**. Once they find all of the animals, put them back and cover them up again.
4. You can add other items to play with, such as shovels or spoons.

With My Family

Popcorn Kernels

1. Get a small blanket or towel and some soft balls or soft animals.
2. Have someone hold each corner of the blanket. Or you can hold one end and your child can hold the other end.
3. Place the soft items on top of the blanket. Pick the blanket up and, with your child, **shake the blanket to make the items pop up and down.** This is a great activity to build eye-hand coordination and cooperation skills!

Moving My Body

Follow the Footprints

1. Trace your, or your child's shoes on a piece of construction paper. Cut out a few sets and tape them on the floor.
2. Have your child follow you by stepping on the footprints. Encourage your child to walk, run, or jump while following the footsteps.
3. If you have an older child, make a more elaborate trail with the footprints, for example have them go in different directions, around pieces of furniture, etc.

For added fun, do this activity outside!

Helping at Home

Container and Lid

1. Give your child a few different containers and their matching lids.
2. Show them how the lids fit on the containers.
3. Allow your child to explore the containers and lids. **Are they able to match lids with containers?** Once containers have lids, allow your child to stack the containers and, if possible, to help put them away.

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