TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

April 13, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week.**On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Stack a Cup

1. Gather a bunch of disposable plastic cups.
2. Show your child how to stack the cups, putting a row down and then stacking the next row on top slightly off so that you can keep stacking the cups taller.
3. **Challenge your child to see how tall they can make their structure.**
4. Have them knock it down, and build it again!

With My Family

Sink or Float

1. Get a deep bucket, pot or plastic container and fill it with water.
2. Have everyone in the family pick a few items they want to test to see if they will sink or float.
3. **Take turns dropping items into the bucket. Which ones sink and which ones float?**
4. Keep track of which items sank and which items floated by separating them into 2 piles when you take them out of the water.

This activity can be done outside to make clean up easier.

Moving My Body

Chase Me

1. Play a simple game of tag with your child.
2. Take turns chasing each other around the yard.
3. **Make it silly and run, hop, skip or jump, and make a big show when your child catches you.** Do the same when you catch them.

While it would be more fun to play this game outside, it can be played carefully inside.

Helping at Home

Water the Plants

1. Get a small watering can or a plastic cup that your child can carry. Fill it with halfway with water.
2. If you have plants inside, bring the plants to an area your child can access.
3. **Help your child water each of the plants.**
4. If you do not have indoor plants, go outside and help your child to water whatever plants you have available.

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