TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:
March 30, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week. **On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Sticky Collage
1. Using contact paper sticky side up (if you don't have contact paper, you can create something similar by putting long strips of tape together, sticky side up). Tape the contact paper to a flat surface to stay in place.
2. Give your child some small pieces of scrap paper or other items they can stick to the paper, being careful to not give anything they can choke on.
3. **Invite your child to place the items on the sticky surface to create their own design.**

With My Family

Block Bowling
1. Gather a few blocks or other items, like plastic bottles that can be used as bowling pins.
2. Show your child how to roll the ball to knock down the items.
3. Have your child roll a ball at the pins. **Are they able to knock the pins down?**
4. Take turns with your child building structures and knocking them down with the ball.

Moving My Body

Tower of Power
1. Work with your child to build a tower of blocks or smaller boxes. As you work together, discuss how tall the tower is becoming.
2. When the top of the tower gets to be just out of reach of your child, **challenge your child to get on their tip toes to put one more block on.**

For added fun, do this activity outside with boxes of different sizes!

Helping at Home

Meal Time Clean Up
1. When getting ready for a meal, give your child a wet wash cloth or a sponge.
2. **Encourage your child to help wipe the table either before or after meals.**
3. You could even place a small container on the floor for your child to place dirty silverware to make it easier to take to the sink.

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