TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:
March 23, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week.**On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Young Artists
1. Using an old box and crayons or markers, **invite your child to decorate/color inside and outside of the box.**
2. Once they have decorated the box, they can use it in a variety of ways, for example, as a favorite toy box or bed for their stuffed animals.

With My Family

Throwing Practice
1. Gather some rolled up socks and a few small scrap pieces of paper to use as balls and a couple boxes of different sizes.
2. Show your child how to throw the "balls" into the boxes.
3. **Challenge your child to see how many times they can throw a ball into the box.**
4. Ask if it is easier to throw the paper or the socks accurately.

Moving My Body

Obstacle Course
Create an obstacle course using things from around the house such as:
***pillows to crawl over,**
***chairs or tables to crawl under,**
***boxes to crawl through.**

For added fun and health benefits, create an obstacle course outside if possible.

Helping at Home

Sorting Fun
Work with your child to help "sort" the laundry. There are several ways you can do this. For example:
1. Find all of the socks and match them.
2. See if they can find their own clothes out of a pile of clean laundry.
3. Challenge them to put all of the shirts in one pile, the pants in another, etc.
4. Sort the clothes by color.