(apable Me

(ompassionate Me

Back-to-Back

I can keep trying.

I can understand the wants and needs of others.

Can you figure out how to stand up without letting go of your friend?



Give it a try!

- 1. Find a partner.
- 2. Sit down close together on the floor with your backs to each other. Link your arms.
- **3.** Try to stand up together without losing your partner or falling over.
- 4. Try to sit back down again.