

# AS IF

*I can feel where my body is in space.*

*I can understand the wants and needs of others.*

Can you pretend you're someone else?

Count to 10 as you...



**MATERIALS:**

None

## Give it a try!

1. Shake your whole body **as if** you are a wet dog.
2. Jog in place **as if** a Tyrannosaurus rex is chasing you.
3. Jump in place **as if** you are popcorn popping.
4. March in place **as if** you are in a marching band in a parade.
5. Reach up **as if** you are pulling balloons out of the sky.