Learning Care group

Positive Behavior at HOME

Positive Behavior Skill

Building Communication
Modeling and teaching respectful communication is one of the best things you can do for your child. There are some simple strategies you can use to help your child learn how to communicate.

Why is This Skill Important?

Benefits:

- Helps children to express themselves clearly and convey their feelings
- Helps to facilitate learning and meaningful exchange of information with others
- Helps to build social relationships with other people

Helpful Tips

- Set aside time for talking and listening to each other. Family meals can be a great time to do this.
- Talk about everyday things as you go through your day.
- Tune in to what your child's body language is telling you, and try to respond to non-verbal messages.

Ways to Practice at Home

Back and forth Exchanges
Practice holding a conversation back and forth between you and your child. Set a timer and say, "Okay, do you want to start and I can watch the timer or would you like for me to start and you can time me?" Make a game out of your conversations. When the time is up, say, "Stop! Time to switch."

Mimic
Mimicking your child's sounds and play behavior will encourage more vocalizing and interaction. It also encourages the child to copy you and take turns. Imitate positive behaviors. For example, if your child rolls a car on the ground and crashes it, you should do the same thing. Do not mimic behaviors such as throwing toys.

Focus on the nonverbal communication
Using gestures and eye contact can build a foundation for language. Encourage your child to model and respond to you.