

Italian Green Beans

Serves 6–8

Grab this stuff:

12-16 oz. green beans, frozen (defrosted)

14.5 oz. jar of tomatoes, diced

1 Tbsp. oregano, dried

Salt & pepper, to taste



Let's get cooking:

1. Combine all ingredients in large pot.
2. Bring to a boil, uncovered for 5 minutes.
3. Reduce heat, simmer for 5 more minutes.
4. Serve and enjoy!

Grow Fit Suggestions:

- Substitute dried herb for $\frac{1}{4}$ cup freshly chopped oregano.

