INFANTS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

April 13, 2020

Let's Get Started!

We're thrilled to share some fun ideas for you to do with your infant this week. **Exploration** activities will be a time to learn and develop the brain. **Social-Emotional** activities will help build self-awareness and self-esteem. **Movement** activities will help build muscles and motor control. **Language** activities will help develop communication skills.

Exploration Activity

Where Did It Go?
1. Give your baby an interesting toy to play with.
2. Allow them time to play with it. Gently take it away, or pick it up after they have put it down.
3. While your baby watches, put the toy under a blanket or piece of paper.
4. Encourage your baby to find where the toy is.

Was your baby able to remove the blanket to get to the toy?

Social-Emotional Development Activity

My Lovey
1. Sit on the floor with your baby. Give them a choice between a few different stuffed animals or dolls.
2. Choose a stuffed animal yourself. Say something like "**I want to show my bear how much I love him"** and then give the bear a hug and kiss.
3. Encourage your baby to give the stuffed animal a hug also.

Movement Activity

Catch the Bubbles!
1. This activity will encourage your baby to move to catch the bubbles.
----If your baby is non-mobile, blow the bubbles close to them.
----If your baby is almost crawling, blow the bubbles in a way to encourage them to crawl to catch them.
----If your baby is almost walking, blow the bubbles in a way to see if they will walk to catch the bubbles (you can provide a push toy for balance).

Language & Communication Activity

Which One?
1. Place a basket of books on the floor near your baby.
2. Take out each book and show them the cover. Show a few pictures and briefly describe what is going on in the book.
3. Observe your child's reactions as they look at the books. Place the books on the floor and see if they pick up any of the books.
4. If your baby picks up a book, read that book to them.

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