INFANTS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

March 30, 2020

Let's Get Started!

We're thrilled to share some fun ideas for you to do with your infant this week. **Exploration** activities will be a time to learn and develop the brain. **Social-Emotional** activities will help build self-awareness and self-esteem. **Movement** activities will help build muscles and motor control. **Language** activities will help develop communication skills.

Exploration Activity

Toy-in-a-Box
1. Find a small box or container that is able to close and a toy that will fit into it.
2. Put the toy in the box and close it.
3. Shake the box in front of your baby.

Does your baby reach for the box? Do they shake the box? Are they able to open the box to get the toy from inside?

Social-Emotional Development Activity

May I Have That?
1. Lay a few toys on the floor around your baby, just out of reach.
2. Point to each toy or pick each one up and show your baby. Ask if they want each toy.

Does your baby make any noise to show which one they want? Do they try to reach for a toy?

Movement Activity

Juggling Balls
1. Hand a ball or small toy to your baby (small enough for them to hold it in one hand).
2. Offer another toy to the hand that is already holding a toy.
3. Once a toy is in each hand, try to give them another toy.

If possible, do this activity outside.
Did your baby transfer the toy from one hand to the other? Did they drop the ball and pick up the other toy?

Language & Communication Activity

Animal Walk
1. Spread out some animals on the floor.
2. Pick up one of the animals and have it walk around.
3. Have the animal walk to another animal or your baby and pretend to talk.

Did your baby reach for the animal? Did your baby coo or babble to the animal?

© 2020 Learning Care Group, Inc. All rights reserved.