

18 to 36
Months

AWARE, CARE, & SHARE™



MY NAME



WORKBOOK



Dear Parent,

A child's learning journey never stops, even during uncertain and difficult times. Every child is unique and approaches learning differently. While there are many ways that parents and family members can support this journey at home, it can be hard to decide what to do and when.

Within these pages you will find activities especially designed for children who are 18 to 36 months old. The activities will help children learn skills in each of the five developmental domains. We recommend doing one activity per day.

Learning Journey

Approaches to Learning

Focuses on a child's ability to:

- Develop problem-solving skills
- Explore the world around them
- Become more independent

Cognitive Development

Focuses on a child's ability to:

- Think critically and creatively
- Understand the world around them
- Demonstrate early math skills such as, identifying characteristics of objects, quantity, and sorting

Language & Communication Development

Focuses on a child's ability to:

- Communicate effectively using oral and written language
- Understand and respond to the communication of others
- Demonstrate early reading skills such as, book knowledge and appreciation and retelling stories and songs

Physical Development & Health

Focuses on a child's ability to:

- Coordinate and control their large and small muscle movements
- Learn health and safety concepts
- Practice self-help skills

Social & Emotional Development

Focuses on a child's ability to:

- Identify their emotions
- Interact with others
- Understand their relationships with others, such as family and friends

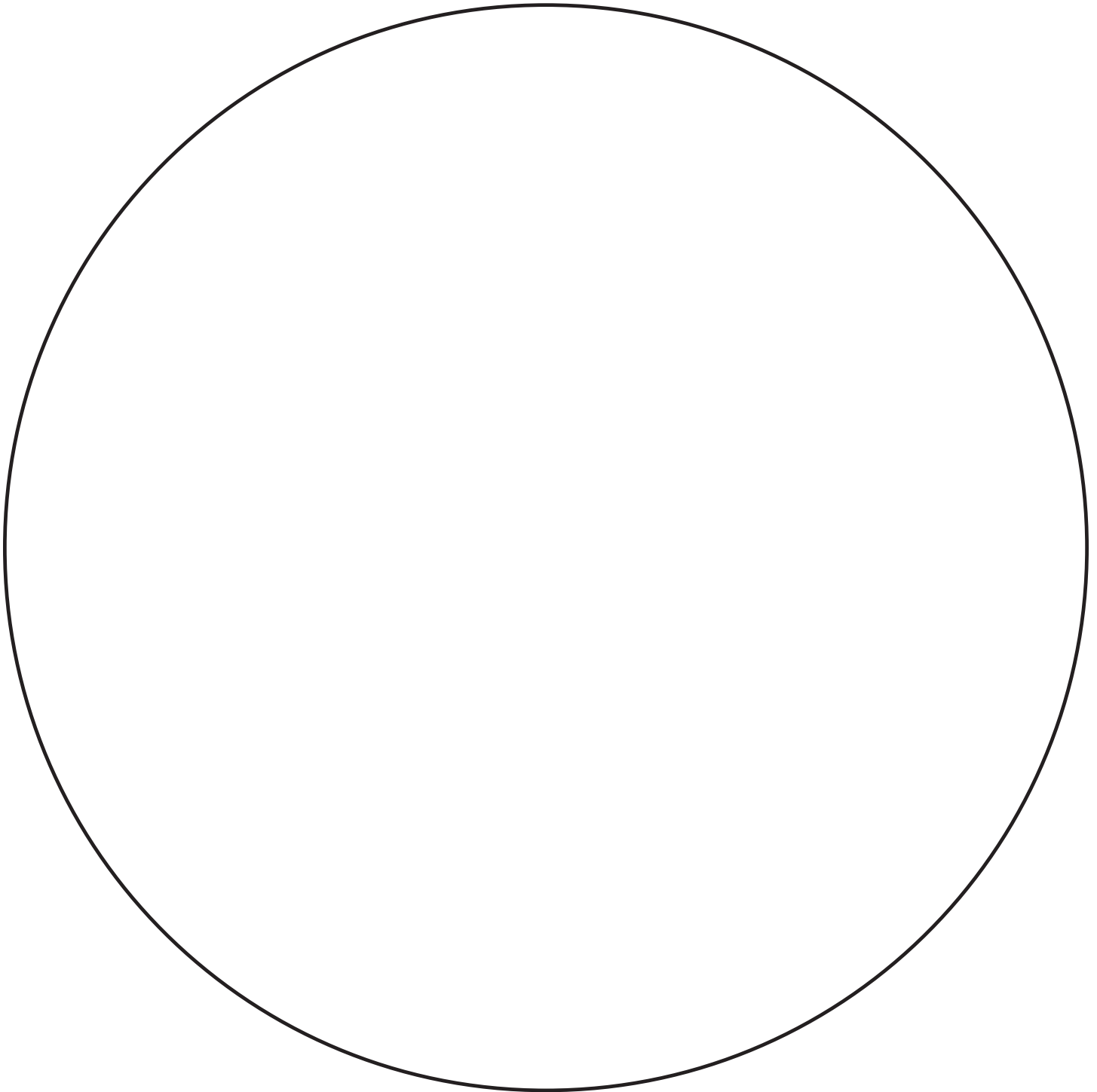


Dr. Susan
Chief Academic Officer

Enjoy sharing this workbook with your child and seeing your child learn these important skills.

Approaches to Learning

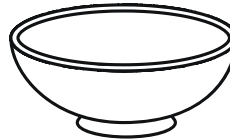
The ability to identify and match shapes is an important problem-solving skill. Work with your child to find at least three items in your home that are in the shape of a circle. After you have found the items, invite them to color in the circle.



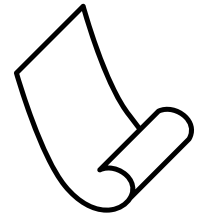
Cognitive Development

Recognizing one-to-one relationships is a critical early math skill. Work with your child to cut out the pictures below, figure out which ones belong together, and glue them in appropriate boxes.

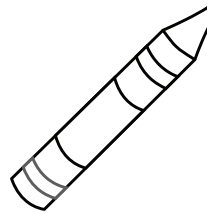
Eating



Drawing

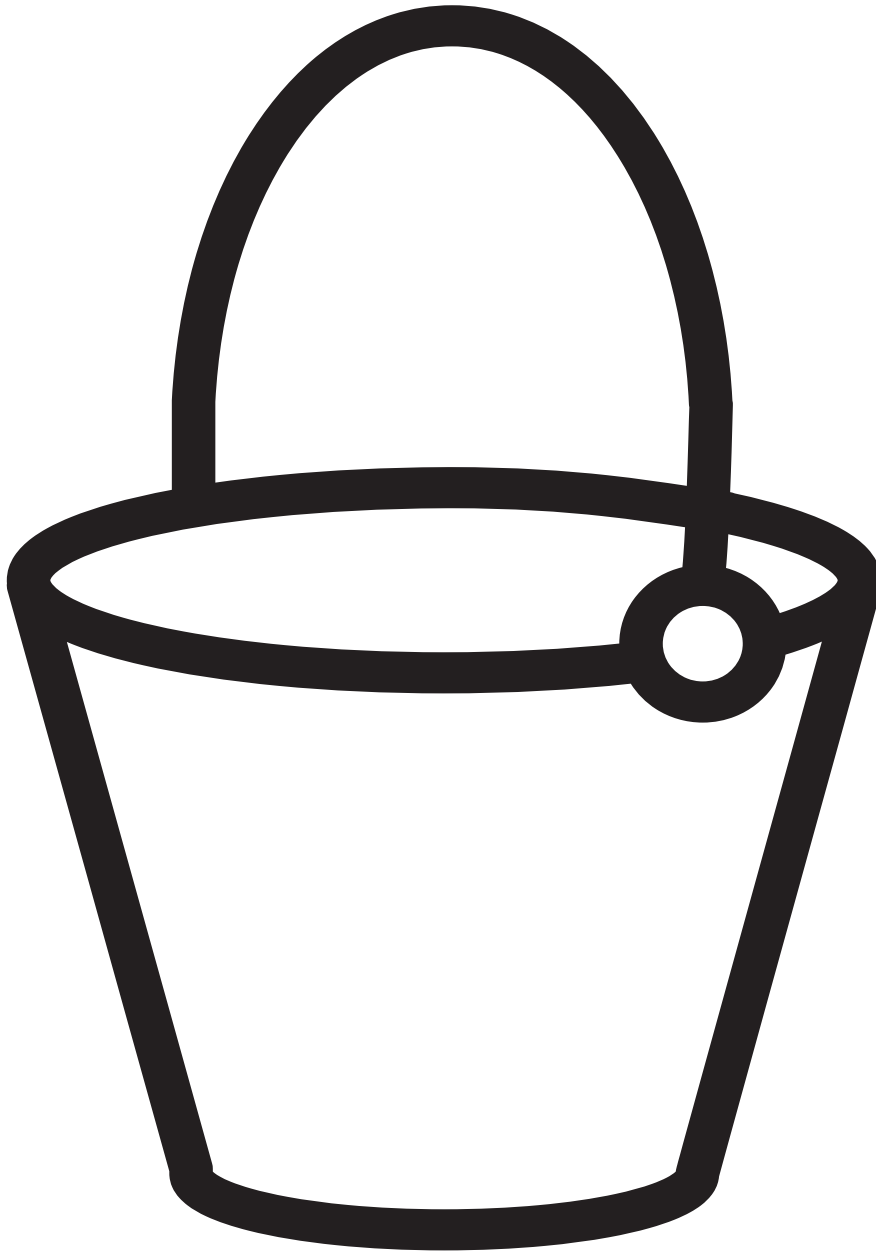


Dressing



Language & Communication Development

Watch the Story Time video* for "Bumpety, Dunkety, Thunkety-Thunk." Then, work with your child to fill this bucket with blueberries, just like in the book! As you draw with your child, talk about the book. Ask them about their favorite parts of the story. Talking about stories helps to build early reading skills.

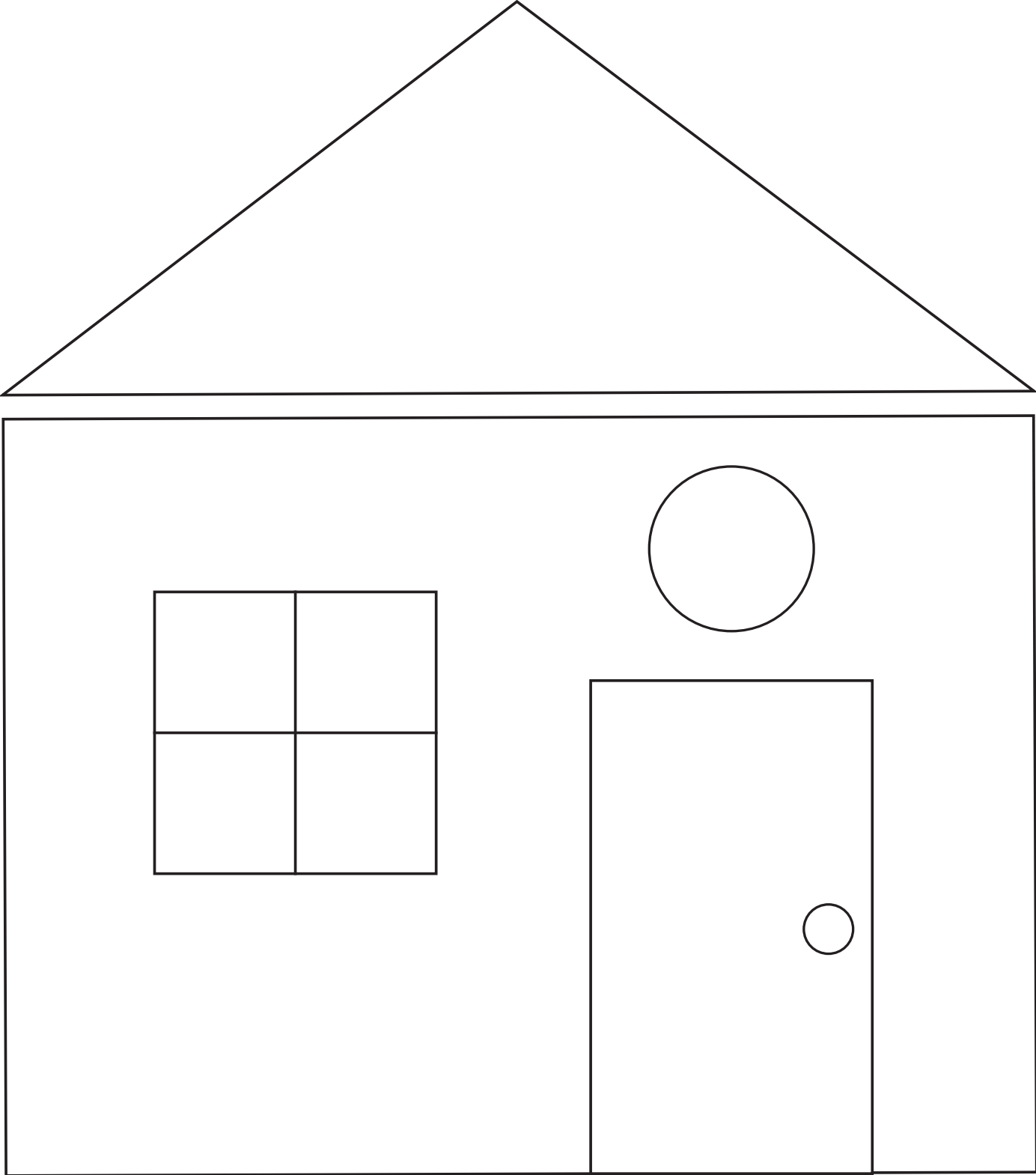


**PLEASE
NOTE**

***Visit [LearningCareGroup.com/StoryTimeVideos](https://www.LearningCareGroup.com/StoryTimeVideos) for this and other great stories.**

Physical Development & Health

Give your child a crayon or colored pencil. Encourage them to color the house, the roof, the door and each window a different color. This kind of activity leads to greater fine motor control and coordination.



Social & Emotional Development

Talk about all of the doctors, nurses, and paramedics who are taking care of people who are sick. Helping children to understand and appreciate others is a great Social-Emotional skill. Invite your child to decorate this heart. When they are done, help your child cut it out and place it in a window to show support of healthcare workers.

