



SERVES 4-6

FRUITY CURRY chicken SALAD

Ingredients:

1 lb. Chicken, cooked, chopped
1 cup Mayonnaise (light)
3 cups Frozen mango, thawed and diced
1/3 cup Raisins
1/2 tsp. Curry powder
Salt and pepper (To taste)

Instructions:

1. In a large bowl, first combine mayonnaise with curry powder.
2. Add all remaining ingredients. Mix and serve!

Serving suggestions: Serve over lettuce for an entrée or inside a whole grain pita pocket for a delicious sandwich.



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RECIPE CARD

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