Chicken and Broccoli Potato Skins GROW FIT



Serves 6-8

Recipe card

Ingredients:

12 oz. chicken, diced, cooked

4 oz. cheddar cheese

8 oz. mozzarella cheese

1/2 lb. broccoli florets, defrosted

1/8 cup butter, melted

Salt and pepper, to taste

Instructions:

- 1. Preheat oven to 375 degrees.
- 2. Cook potatoes in microwave. Remove and let cool.
- 3. Mix chicken, mozzarella cheese, and broccoli in bowl.
- 4. Cut potatoes in half, scooping out a spoonful of potato to make room for chicken mixture.
- 5. Lay out potato skins on baking tray, skin side down. Brush melted butter on top. Season lightly with salt and pepper.
- 6. Spoon chicken and broccoli mixture into each potato evenly.
- 7. Sprinkle a small amount of cheddar cheese on top.
- 8. Bake for 5-10 minutes until cheese is melted and golden brown.

