



SERVES 4-6



# ALOHA! Chicken

## Ingredients:

- 1 lb. chicken, cubed
- 1 Tbsp. olive oil
- 1/4 cup teriyaki sauce
- 1/2 cup pineapple juice
- 1/4 Tbs. garlic powder
- 1/4 cup shredded carrots
- 1/2 cup pineapple tidbits, drained

## Instructions:

1. Brown chicken in large skillet.
2. Add teriyaki sauce, pineapple juice, garlic powder, and carrots. Bring to a boil.
3. Turn to low and simmer for 30 minutes, until chicken is tender.
4. Add pineapple tidbits and serve.

**Goes great over brown rice or barley!**



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