TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

May 11, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week.**On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Outlines

1. Pick several toys that you can trace.
2. Trace each toy on a card or piece of paper.
3. Show your child how to line up the toy on the piece of paper to check to see if it matches.
4. To make this activity easier, you can place all of the items in a bucket. To make it a little more challenging, either add additional toys that don't match, or allow your child to find the toys that match.
5. Then, if they are able, see if your child can trace a toy of their choice.

With My Family

Mirror Dancing

1. Gather any scarves, bells, or other simple musical instruments (if available). Make sure to have enough for each person in the family.
2. Put everyone's names in a hat. Draw a name, and have that person do a dance move (simple for younger kids, a little more complex for older kids).
3. Challenge everyone else to copy the dance move.
4. Keep going until everyone has had a turn, or just keep putting the names back in the hat and keep going. Silly dance moves are encouraged and sure to get a laugh.

Moving My Body

Move Like...

1. Talk to your child about how different types of animals move. Encourage your child to move like those animals. For example:
Jump like a bunny
Hop like a frog
Walk like a cow
Slither like a snake
Fly like a bird
Run like a cheetah
2. Challenge your child to come up with other animals to move like. Bonus if they make the animal sound while they move!

Helping at Home

Bucket of Shoes

1. Put all of your shoes in a bucket, if they aren't already in a container.
2. Talk to your child about how shoes come in pairs. And then show them how to find shoes that match.
3. Have your child match all of the shoes that are in the bucket.
4. Pick a place where they can be lined up, or neatly stored away and see if your child can put them all together.

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