TODDLERS & TWOS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

May 4, 2020

Let's Get Started!

We are thrilled to share some fun ideas for your child to do at home this week.**On My Own** activities can be done with little supervision, while **With My Family** are activities you can do together. **Moving My Body** activities are to help get energy out in a positive way, and the **Helping at Home** activities connect your child to your daily routines.

On My Own

Sticker Fun

1. Get some scrap paper and stickers. If you don't have stickers, you can use colored tape or masking tape.
2. Either draw a few lines for your child to follow by placing the stickers on the line, or just let them decorate pieces of paper with the stickers.
3. You can enhance this activity by supplying crayons or markers for them to add to their sticker sheets.

With My Family

Neighborhood Search

1. Create a list of items that you and your child can search for on a walk through the neighborhood. These items can be things such as trees, pets, flowers, sidewalk drawings, etc.
2. As you walk, work with your child to cross off the items that you have found. Make a list of other things your child was interested in. If possible, take pictures of things as you go.
3. On your next walk, see if they can re-find all of the same things.

Moving My Body

Fill the Bucket

1. Get two buckets or containers that can hold water and some sponges. If you don't have sponges, you can use plastic cups or scoopers.
2. Fill one bucket with water. You can start with a small amount, or fill it up, the choice is yours.
3. Show your child how to soak up the water with the sponge. Then have them walk over to the other bucket and squeeze the sponge out. The distance between the buckets is also up to you.
4. Challenge your child to fill the other bucket by using the sponge or scooper.

*If possible, complete this activity outside.

Helping at Home

Wipe the Table

1. At school, teachers clean the table before and after meals. Before a meal, give your child a slightly soapy rag or sponge to wipe the table down. Help them reach the areas in the middle.
2. Then give them a fresh sponge (or rinse out the soap of the other one) and allow them to "rinse" the soap off the table.
3. If possible, repeat the same process after the meal.

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