SCHOOL-AGE

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

June 1, 2020

Let's Get Started!

Hello, School-Age Families! We're thrilled to share some fun ideas for your school-ager to do at home this week. This week we will be focusing on developing healthy routines and habits to support school-agers being at home learners. Children (and adults) thrive when they have a realistic expectation of what comes next. Establishing daily routines with your school-ager will help them to be more effective, engaged, and set them up for success.

On My Own

Letter Hunt

Materials: Paper & pencil

Pick a letter of the alphabet.

Walk around your house and yard and see how many items you can find that start with that letter.

I chose the letter V, and I found...
vase
violin
vitamins
vacation photo
violets

With My Family

Make a Scrapbook

Materials needed: Paper, pencil crayons/markers

Start by giving a piece of paper to each family member. Adults can help children who don't know how to write yet.

Have each person write down a family memory. This can be big like a vacation, or something small like cooking dinner together.

Encourage each family member to include details about why they chose this memory.

You can include photos and/or drawings.

Moving My Body

From Here to There

Practice moving across the room like....

A snake
A bunny
A bird
A dinosaur
A butterfly
An elephant
A duck
A frog

Helping at Home

Lets Eat

You can be helpful at home by researching a meal you would like to prepare.

Start by consulting a cookbook or website to find a recipe.

Look in your kitchen and see if you have any of the needed ingredients.

Make a shopping list of the items you still need for your meal.

Once you have all the ingredients, and it is time to cook, gather the needed tools, pots, pans and measuring cups.

You are now ready to prepare your meal.

© 2020 Learning Care Group, Inc. All rights reserved.