INFANTS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

May 11, 2020

Let's Get Started!

We're thrilled to share some fun ideas for you to do with your infant this week. **Exploration** activities will be a time to learn and develop the brain. **Social-Emotional** activities will help build self-awareness and self-esteem. **Movement** activities will help build muscles and motor control. **Language** activities will help develop communication skills.

Exploration Activity

How Does It Feel?

1. Gather a bunch of things that have different textures, such as sand paper, felt, cotton, etc.
2. Sit down with your baby and pick up one of the items. Describe to your baby the way it feels.
3. Observe how your baby reacts to the different textures. Does there seem to be one they prefer?
4. Continue talking and describing the textures as your baby feels them.

Social-Emotional Development Activity

Inventive Artist

1. Gather some paint, shallow pans (cookie sheet or cake pan), and a variety of things that can be put in paint (potato smasher, toothbrush, spoons, cotton balls, etc.)
2. Put a piece of paper down, and show your baby how you can use the items you gathers to make marks on the paper with the paint.
3. Allow your baby to expore the paint and items.

*Be sure to closely supervise this activity

Movement Activity

Fun with Tunnels

1. Tape some larger boxes together to create a tunnel. If you don't have boxes, create a tunnel using a sheet almost like a fort.
2. Put your baby on one end, and you go to the other end. Encourage your baby to crawl or otherwise manuever through the tunnel.
3. If you child cannot crawl, play a game of peek-a-boo.

*be sure to supervise this activity

Language & Communication Activity

I Can Find It

1. Pick a book that contains pictures of items that are familiar to your baby.
2. As you read the book, say something like "Can you find the bear on the page, where is the bear?".
3. See if your baby can look at the page and try to find what you are talking about.
4. If your baby is unable to find it, or communicate that they can find it, point to the item and see how they respond.

© 2020 Learning Care Group, Inc. All rights reserved.