INFANTS

AWARE, CARE, & SHARE™

Learning Care group

Learning at Home

Week of:

June 1, 2020

Let's Get Started!

We're thrilled to share some fun ideas for you to do with your infant this week. **Exploration** activities will be a time to learn and develop the brain. **Social-Emotional** activities will help build self-awareness and self-esteem. **Movement** activities will help build muscles and motor control. **Language** activities will help develop communication skills.

Exploration Activity

Let's Go Find

1. If your baby is mobile, get on the floor with them and pick an item for you two to go find together. Crawl next to them while looking for it. Once it is found, celebrate it and offer it to your baby to play with.
2. If your baby isn't mobile, pick a few different items and put them in front of your baby. Say something like "which one is the bunny?" Pick up each toy and identify it until you find the bunny.

Social-Emotional Development Activity

Family Pictures

1. Gather pictures of your baby with family and friends.
2. Talk about the people in the picture. Be sure to point to your baby in the picture.
3. When talking about people in the house, do they seem to look for that person?

Movement Activity

Paper Crumpling

1. Gather some different types of paper (tissue, plain white, construction, or wrapping paper).
2. For younger babies, it might be easier for them to crumple paper like tissue paper. For older babies, regular paper may be a perfect challenge.
3. Show them how to crumple the paper up into a ball (or as close to a ball as possible).
4. Play around with the ball and your baby if they are interested in it.

Language & Communication Activity

Silly Time

1. Play a game of peekaboo with your baby.
2. Every time you reveal your face, make it look silly.
3. Does your baby smile when they see you? Do they laugh?
4. If your baby is a bit older, use other objects to hide with your face. Encourage them to reach for the item.

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